



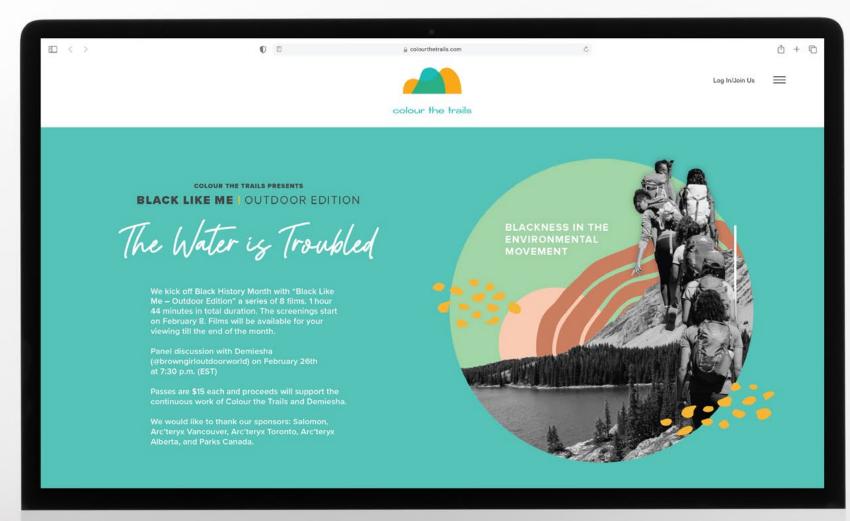
# PROMOTIONAL MATERIALS \_\_\_\_

Colour the Trails is an organization that advocates for inclusive representation in outdoor spaces. Over the years I've had the pleasure of designing their annual reports and online film festival collateral.

I use digital collage techniques and bright colours to emphasize the celebratory, adventurous, and inclusive values that their organization represents.













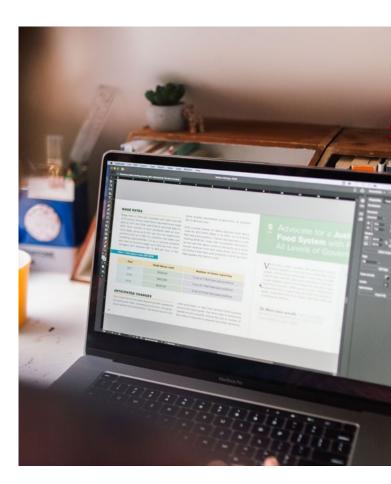


**BOOKLET** 

**DESIGN** 

I had the privilege of designing the Vancouver Urban Farming Society's Annual Forum program booklet and their Urban Farming Census Report. I utilized natural colours and seasonal produce imagery to emphasize Vancouver's temperate climate and ideal farming conditions.

These booklets are vital assets for VUFS's goals of strengthening urban farming through education, advocacy, networking, and support.







# SELECTIONS FROM THE URBAN FARMING CENSUS REPORT

# understanding Urban Farms

tered charities or non-profit organizations and can be supported by grants and donations. These farms integrate the sale of farm products with their non-profit goals. Two charities and three non-profit urban farms participated in the current Census and farmed on 5.3

on a small footprint of land. Two indoor intensive farms Stalk Farm, operating out of repurposed shipping con-Vancouver for another jurisdiction after 2017 due to chal-rooftop greenhouses. lenges with the City's permitting and licensing process.

3 Yard-sharing residential farms operate in front and backyards and other small plots of land, usually working with multiple small sites in residential areas. products and offer educational programs and events Four yard-sharing farms participated in the current Census but one farm stopped operating after 2017. The 3 remaining yard-sharing farms operated 26 different plots

Non-profit urban farms are operated by regis- on 1.2 acres in 2019. One of the yard-sharing farms is

A High-tech, capital-intensive farm businesses vere mentioned in the previous Census. One farm provided data for 2016 but shut down within the year due to financial reasons caused by inconsistent production. None of the farms in the current Census fit this model Indoor, intensive farms grow high value crops and we are not aware of any others in Vancouver. Active participated in the current Census, but one of them left tainers, and Montreal's Lufa Farms, using large-scale

> One small-scale, diversified farm operates on Agricultural Land Reserve land in the Southlands neighbourhood. They produce a diverse range of farm for all ages. They are not subject to the city's Urban

# BACKGROUND



# URBAN FARMING IN VANCOUVER

he Census features data from 11 urban farms that grew farm products for sale within the City of ancouver between 2017 and 2019. To put this number context, the City of Vancouver reported 4,960 food assets in 2018<sup>1</sup>. Food assets include community garden plots, farmers markets, community orchards, community food markets, and urban farms. Urban farms may be few in number, but they generate jobs, grow food using organic practices, and help citizens learn skills and ect with the food system

# **URBAN FARMING POLICIES**

In March 2016, Vancouver City Council adopted Urban Farming Guidelines to recognize urban farming as a leapply to urban farming in all areas except the South-

# GROWING FARMERS

Some urban farms shared that their employees and volunteers have gone on to start their own farms or enter other agriculture-related careers. It is important to recognize the important role that urban farms can play in growing the next generation of farmers by providing them with the experience of producing food and help-

6 Four of our alumni have gone on to be proprietors of their own small-scale sustainable agriculture projects, mostly in rural BC. Their work with us was the entrypoint into food production. Other alumni have gone into other jobs in the agricultural sector.

largely attribute my success in being employed with the province's Ministry of Agriculture to my involvement with you and your team. I was able to draw specific examples and speak to relevant agricultural experiences in the hiring competition due to my learning on your farms.

Our former staff & volunteers have started 4 new farms in rural BC & Washington, with one more being planned in Saanich, BC.

# **GROWING PARTNERSHIPS**

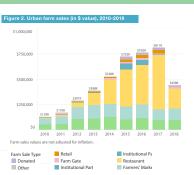
Urban farms help build social capital in the city by forming collaborations with other organizations, businesses, government departments, and institutions to achieve common goals. Eight urban farms reported forming or joining 118 joint initiatives, ranging in durarations, urban farms are able to improve their access resources for their operations and their participants increase the effectiveness of their outreach and mar keting efforts, better coordinate their services, and reduce duplication of projects and programs.



3 Improve Access to Healthy, Affordable, Culturally Diverse Food

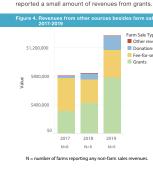
# FOOD AND FLOWER SALES

The reported value of urban farm sales peaked in 2017 at \$810,850 before dropping by \$372.677 (46%) to \$438.173 between 2017 and 2018, and rising slightly to \$477,915 in 2019 (Figure 2). One factor in this significant sales drop is the loss of a number of urban farms that either left Vancouver for other cities, or stopped operating all together. We are aware of at least one farm that decided to move their business to a neighbouring ju risdiction where they had a much easier experience getting a business license and all necessary permits, compared to their challenges navigating the City of Vancouver's permitting policies.



# REVENUES FROM OTHER SOURCES

Six urban farms reported revenue from other soul besides food and flower sales, such as grants, fee-forservice payments, and donations (Figure 4). These revenues in 2019 totaled \$1,368,768, almost 3 times the value of food and flower sales that same year. Charitable urban farms account for a majority of revenues from other sources, but farms structured as businesses also reported a small amount of revenues from grants.

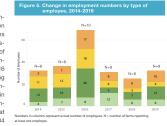




Vancouver's Green Economy

# **EMPLOYMENT**

Nine out of 11 urban farms who responded to the Cenreported at least one employee position between 2017 and 2019 (Figure 5). The remaining two farms were operated solely by the business owner. The previous Census showed steady growth in the number of urban farm employees from 2012 to 2016. In 2017, employee numbers decreased significantly from the 2016 peak, and dropped even further in 2018 before rising slightly in 2019. The drop can be explained by a number of factors. It could be due to the overall decrease in cies in how some farms answered question 33 ("What job titles did you have available in 2017-2019?") and 34 ("How many contractors/employees did you have each year, of each type?"), creating uncertainty in the employee numbers data. Finally, some farms may be relyng more on unpaid labour by volunteers.



# WAGE RATES

Wage rates in 2019 are consistent with data from the 2016 Census. Seven urban farms reported hourly wage Only a small number of farms reported total labour data for 2017 and 2018, and 8 farms reported data for 2019. Farm workers or farm assistants start at minimum wage, going up to \$17 per hour for supervisory positions and up to \$20 for positions with sales and we can see that labour costs for the sector as a whole marketing responsibilities. Co-op or summer students

costs for 2017-2019 (Table 7). In 2019, out of 8 farms that have paid positions, 5 farms reported labour costs

farms employ educational programmers at betwee

\$20 to \$25 per hour.

totalling \$546,301. Even with incomplete information marketing responsibilities. Co-up or summer students also start at minimum wage, up to \$15 per hour. Farm managers earn between \$21 to \$24 per hour. A few sales greater than labour costs.

Year	Total labour cost	Number of farms reporting
2017	\$436,241	3 out of 7 that have paid positions
2018	\$463,952	4 out of 7 that have paid positions
2019	\$546,301	5 out of 8 that have paid positions

# ANTICIPATED CHANGES

Four urban farms anticipate expanding their operations and social impact goals. Two farms plan to restructure by adding new sites, increasing production, and grow-

more employees to help them achieve their business operations and possibly reduce the size or number of ing programs and partnerships. Two farms hope to hire farm sites in response to requests from their landlords

# **5** Advocate for a **Just and Sustainable** Food System with Partners and at

Vancouver's urban farmers are passionate about moving towards a more just and sustainable food system. Some farms participate in advocacy through more formal channels, serving as members of the Van-couver Neighbourhood Food Networks and Vancouver Food Policy Council. Others point to their contributions in growing food in a good way, and teaching people to better understand the food system and how they can

In their own words, here are urban farmers' perspectives on their role as food system advocates

A big goal for my business is to do onsite workshops and allow people to come and see farming in the city but I am limited with space and what I'm allowed to do on the land I have. I collect leaves from my neighbourhood. I use the bark mulch from the Sunset Nursery down the block when it's available, I try to use as much around here as I can. I only sell my product in the city of Vancouver. People at the markets love that everything is hyper-local.

I love to talk about food and educate others that growing food (and a lot of it) is possible in the city.







# SURFACE DESIGN .

Developing these van wraps and mural design for Coast Tsawwassen Inn was a wonderful exercise in surface design and thinking about how the graphics would translate to large and three-dimensional objects.

The imagery and icons used within both designs celebrate the many sights, amenities, and opportunities the hotel and local area have to offer.











# RESTAURANT BRANDING \_

Dominion Bar + Kitchen is a new restaurant focused on downtown experience paired with local comfort. Designing for a new establishment allowed me creative freedom to develop their branding across a variety of applications.

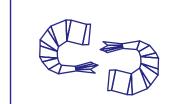
Using their rich blue and geometric aesthetic I designed their menus, flyers, and custom icons to reflect their contemporary urban vibe.

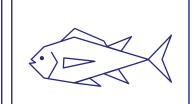




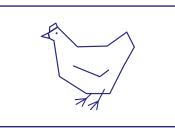


# **CUSTOM ICONS**











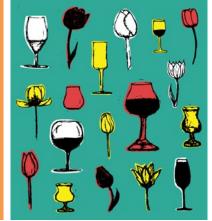








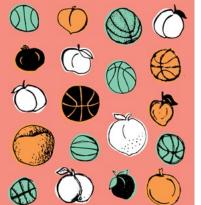




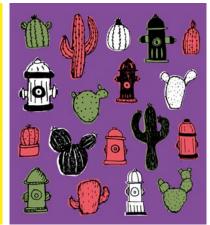












# **DIGITAL ILLUSTRATION SERIES**

Through playful juxtapositions of natural and synthetic objects, this quirky series uses mundane items to explore the environmental intersections we experience daily.

These digital illustrations render the ordinary as extraordinary, inviting the viewer to examine their own environments with a new lens of wonder, appreciation, and stewardship.



# **EXHIBITIONS:**

2020 "Mixed Gems" Group Show, Feb 21 - Mar 20, 2020, Red Gate Arts Society, Vancouver, BC. 2019 "Mimesis", Solo Show, Jan 15, 2019 - Apr 21, 2019, The O Gallery, Kitchener Ontario



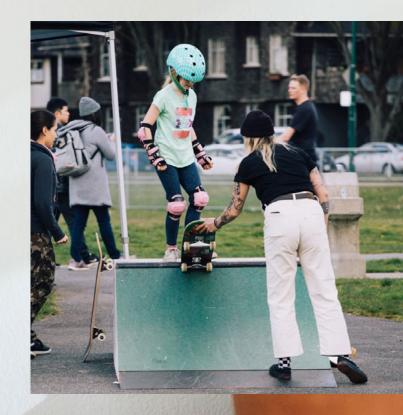




# EVENT COLLATERAL DESIGN \_\_\_\_\_

Combining illustration and layout techniques I designed the collateral for this women's skateboarding event including: posters, cards, gifs, and graphics.

Skateboarding has a reputation for being male-dominated, so the goal of the graphics were to celebrate the diversity of non-traditional skateboarders and to promote inclusivity within the sport.





# MARCH 8, 2020 @ STRATHCONA PARK: 889 PRIOR ST, VANCOUVER, BC LESSONS: 11AM - NOON BBQ & COMMUNITY SKATE: NOON - 3PM

UNCEDED ANCESTRAL TRADITIONAL TERRITORY OF THE MUSQUEAM, SQUAMISH, TSLEIL-WAUTUTH PEOPLES

COMMUNITY HOSTS



























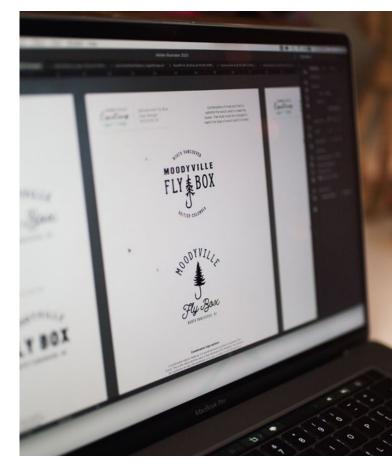




# LOGO DESIGN

I designed this logo for a woodworker who started her own business creating wooden boxes to hold flies for fly fishing.

The imagery combines a fishhook with a pine tree, representing both what the boxes are made of and what they hold. The overall aesthetic is a clean, classic look with a modern spin.

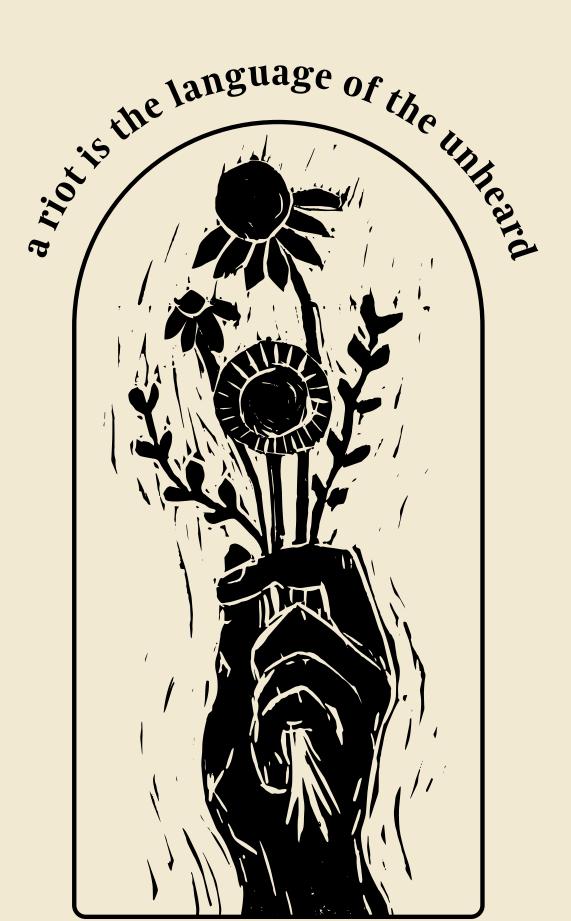












- Martin Luther King Jr.

# DESIGN WITH AN IMPACT

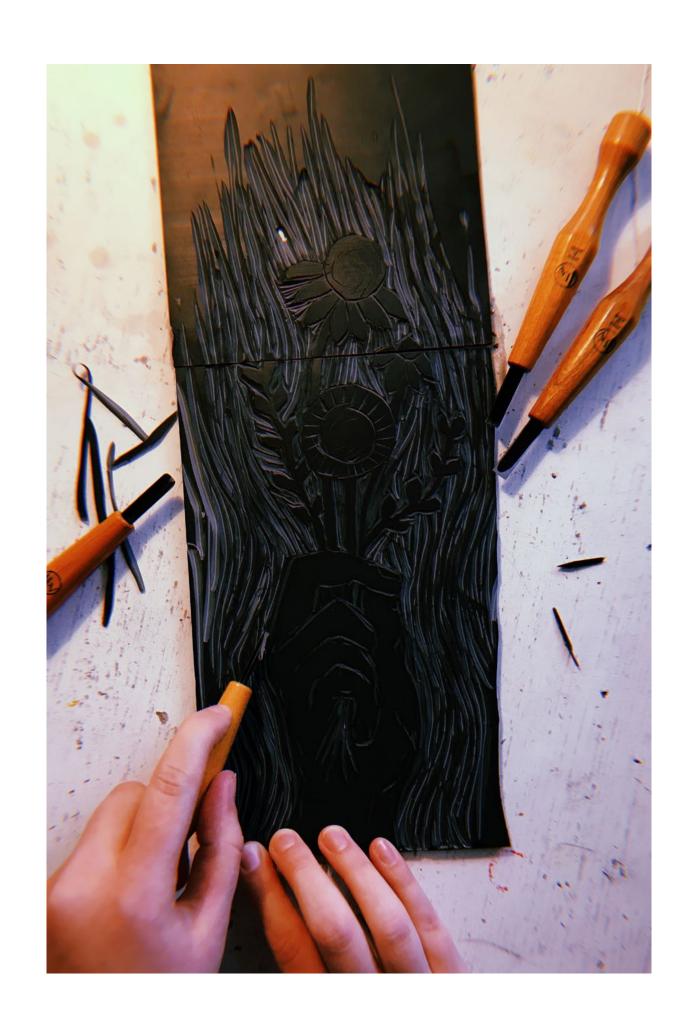
"Art speaks where words are unable to explain." - Mathiole

This digitized linocut print was inspired by the image of Zoe Sturges, a kindergarten teacher in the USA, giving flowers to the national guard during Black Lives Matter protests in June 2020.

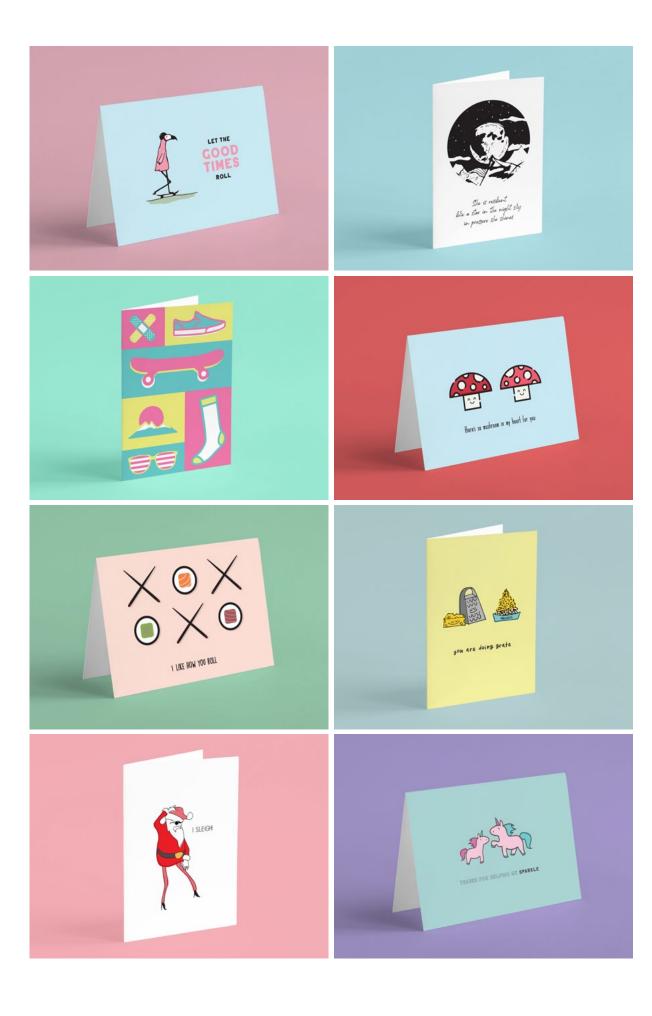


# **IMPACT**

All proceeds from print sales went to Hogan's Alley, a nonprofit organization working to advance the social, political, economic, and cultural well-being of people of African Descent in Vancouver, BC.







# LINE OF GREETING CARDS —

In our digital age snail mail is becoming a lost art. With this ever growing series I hope to re-inspire the act of card giving for the good times and the bad.

Using a combination of hand drawn and digital illustration techniques, each card is unique in its graphics and messaging.



# CRIMINAL CODE DEFINITIONS OF SEXUAL ASSAULT-RELATED OFFENCES

JUSTICE FOR GIRLS

The Criminal Code of Canada lists a number of sexual assault-related offences that are illegal and an individual who commits the offence can be charged and convicted

# EVERY PERSON HAS THE **RIGHT** NOT TO BE SUBJECTED TO ANY ILLEGAL ACTS INCLUDING BUT NOT LIMITED TO:

- · invitation to sexual touching,
- · sexual interference.
- · trafficking.
- · sexual exploitation,
- · child pornography

# SEXUAL ASSAULT

SEXUAL ASSAULT IS SEXUAL CONTACT WITH ANOTHER PERSON, DIRECTLY OR INDIRECTLY, WITHOUT THEIR CONSENT.

# There are several subtypes of sexual assault, including:

- · sexual assault with a weapon,
- · threats to a third party or causing bodily harm; and

# CHILD SEXUAL OFFENCES

This occurs when a person touches, for a sexual purpose, any part of the body of a young person, under the age of 16 years, (directly or indirectly) with a part of their body or with an object.

# 2. INVITATION TO SEXUAL TOUCHING

This occurs when a person invites, counsels or encourages a young person under the age of 16 years to sexually touch (directly or indirectly), with a part of their body or with an object, the body of any person. This includes the person making the invitation or anybody else.

ADAPTED FROM THE CRIMINAL CODE OF CANADA

Whether you are 16 or 60, the law says you must get consent if you want to do anything sexual with another person. Sexual contact, directly or indirectly, with another person without their consent is sexual assault.

This happens when a person in a **position of trust, authority** or dependency with a young person between 16 and 18 years of age. engages in **sexual interference** with and/or makes an **invitation to sexual touching** towards the young person.

A person is in a position of trust or authority is someone with whom the young person is in a relationship of dependency or who is in an exploitative relationship with the young person. For example a guardian, teacher, family member, coach, doctor, nurse, employer, counsellor, youth worker, social worker, etc.

# 4. EXPOSURE

This occurs when a person who, in any place, exposes his or her genital organ to a young person who is under the age of 16 years.

# 5. INCEST

This is when a person has sexual inter-course with another person who they know is related to them by blood.

However, an Individual is not guilty of incest if they were under restraint, duress or fear of the person with whom they had the sexual intercourse, at the time when it occurred.

# 6. TRAFFICKING

Though not a child sexual offence per se, this offense gives rise to situations in which sexual exploitation of young people may occur. Trafficking of a person under 18 years occurs when a person recruits, transpers, transfers, receives, holds, conceals or harbors a young person under the age of 18 years.

This is any kind of visual, written, or auditory representation of a young person

- · shows them engaged in, or depicted as engaged in, explicit sexual activity
- · advocates or counsels other people to have sexual activity with them

rone, even young persons under the age of 18, can be found guilty of making, distributing.

ADAPTED FROM THE CRIMINAL CODE OF CANADA

PROJECT 11

# **BRANDING REFRESH**

I was hired by the nonprofit Justice for Girls to refresh their branding and collateral.

In addition to updating their logo and business card designs, I also got to create educational posters, handouts, and booklets with the goal of making information about consent and online resources easily accessible for youth.



# UNDERSTANDING 'CONSENT'

Whether you are 16 or 60, the law says you must get consent if you want to do anything sexual with another person.

WHEN YOU CONSENT, YOU ARE CLEARLY AND VOLUNTARILY AGREEING TO TAKE PART IN SEXUAL ACTIVITY.

The law says there is no consent in the following situations:

- if you are legally too young
- when someone else consents on your behalf;
- when you are incapable of giving consent because you are asleep or unconscious
- you express in words or behavior that you don't want to take part in the sexual activity
- you first agreed, but then expressed in words or behavior that you no longer want to continue with the sexual activity
- the other person used deceit to convince you
- the other person threatened you or used force to make you take part in the sexual activity

Sexual contact, directly or indirectly, with another person without their consent is sexual assault

# HOW OLD DO YOU HAVE TO BE TO GIVE CONSENT?

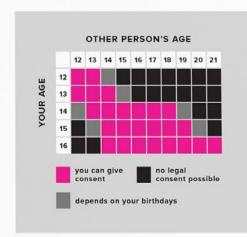
Sexual contact, directly or indirectly, with another person without their consent is sexual assault

IN CANADA, THE AGE OF CONSENT IS 16 YEARS OF AGE.

There are exceptions when young people under 16 can consent to sexual activity:

- you are 12 or 13 and the other person is less than two years older than you
- you are 14 or 15 and the other person is less than five years older than you

If you are **under 18**, it is against the law for someone in a position of trust, power, or authority over you (like a teacher, youth worker, or employer), to have sexual contact with you.



JUSTICE FOR GIRLS

**LEGAL INFORMATION FOR YOUTH** 

**ONLINE RESOURCES AND** 

# LEGAL INFORMATION

# Legal Rights for Youth

# www.legalrightsforyouth.ca

Provides legal information about abuse & sexual assault as well as:

age-based legal rights - family break-up - work - driving - medical rights - mental health-financial help - renting - consumer rights & debt - lawsuits - online safety - crime - rights & responsibilities - copyright & piracy - starting a business

## Justice Education Society

# www.justiceeducation.ca/legal-help/family-violence/ sexual-assault/sexual-assault

 Provides video and written information about sexual assault, 'date rape' and the law

# West Coast Legal Information and Action Foundation (LEAF)

# www.westcoastleaf.org

 LEAF's publication 'ls that Legal?" provides legal information about online harassment and abuse.
 Access a copy at: www.westcoastleaf.org/wp-content /uploads/2017/03/is-That-Legal\_Web-Version.pdf

# INFORMATION ON SEXUAL ASSAULT AND EXPLOITATION

# YesMeansYes.com 'Project Respect'

# www.yesmeansyes.com/learn

 Provides an overview of the following topics: stereotypes & gender, labels, power, consent, the media, drugs & alcohol, sexual rights & responsibilities, statistics

# Children of The Street Society

# www.childrenofthestreet.com/copy-of-youth

 Provides information on sexual exploitation -'how to tell if you are being exploited'

# Safe teen

# www.safeteen.ca/for-vouth

 Youth resource handouts provide information about assertiveness, sexual assault and consent. Also provides information about crisis lines and victims assistance for youth.

# Justice Institute of B.C.

# https://host.jibc.ca/seytoolkit/jfy.htm

Sexual exploitation information and online resources

# **HEALTHY RELATIONSHIPS**

# The Kids Help Phone

https://kidshelpphone.ca/article/healthy-relationships

 Provides information and support about dating, and healthy versus unhealthy relationships

# loveisrespect.org

# www.loveisrespect.org/healthy-relationships/

 A great resource with information, advice, quizzes and support on healthy vs. unhealthy relationships, dating, abuse, safety, sexting, etc. Note: the legal information is American so does not apply in Canada

# **HEALTH AND WELLNESS**

# Foundry

# www.foundrybc.ca

 Offers young people ages 12-24 health and wellness resources and online services and supports. The quizzes, videos and written material cover topics such as anxiety, depression, body image and substance use and misuse.

# Teaching Sexual Health

# www.teachingsexualhealth.ca

Evidence-based sexual health information, tools, and resources

# Sex&U

# www.sexandu.ca

· Sexual health and reproductive information

604.343.6567 justiceforgirls@justiceforgirls.org

FOR GIRLS

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# LOGO + APPAREL DESIGN .

Lighthouse Voyage is a non-profit working to bring hope and freedom to human trafficking victims in India. The image of a lighthouse represents light shining in the darkness, marking the start of a new voyage of hope. All revenue from apparel sales goes towards the construction of a girls shelter in Tamil Nadu.



